

# WHAT SHOULD I DO IF...


## I'VE BEEN IN CLOSE CONTACT WITH SOMEONE WITH COVID-19?

(i.e., less than 6 feet away from an infected person for a cumulative total of 15 minutes or more over a 24-hour period)

- **If you are fully vaccinated AND boosted:**
  - You do NOT need to stay home UNLESS you develop symptoms.
- **If you are NOT fully vaccinated and boosted:**
  - Stay home and quarantine for at least 5 days.
- **Regardless of your vaccination and booster status:**
  - *If you develop symptoms, stay home and get tested.*
  - Even if you don't develop symptoms, get tested at least 5 days after you last had close contact with someone with COVID-19.
  - Wear a properly-fitting, high-quality mask (e.g., N95, KN95) for 10 full days any time you are around others inside your home or in public.
  - Avoid being around people who are at high risk.
  - Avoid travel.

## I HAVE SYMPTOMS?

(e.g., fever, sore throat, cough)

- Report your symptoms via the COVID-19 Symptom Check-In survey through the GU360 app or website. 
- Stay home and keep apart from others. (If you're a residential undergraduate student, Aramark will provide meals while you await your test result.)
- Wear a properly-fitting, high-quality mask (e.g., N95, KN95) for 10 full days any time you are around others inside your home or in public.
- Take a COVID-19 PCR test as soon as possible. You may schedule a free PCR test on campus through the One Medical app or website. If PCR testing is not available (e.g., weekend, after hours), please contact the Care Navigator team for an antigen test kit. If you test outside of Georgetown, report your result through the GU360 app or website.
  - If you receive a negative result, you may resume your regular activities.
  - *If you receive a positive result, please begin to isolate.*



## I NEED MEDICAL CARE?

- Call 911 if you need emergency medical care (e.g., high fever, confusion, trouble breathing).
- If your symptoms are worsening but do not require emergency medical care, please contact the Student Health Center (if you're a student) at 202-687-2200, or your physician, for an evaluation.

## I TEST POSITIVE FOR COVID-19?

- DC Health guidance requires that you, regardless of your vaccination status, isolate for at least 10 days, starting either the day you tested positive (if you remain asymptomatic) or the day your symptoms started, whichever is earlier. (If you live outside DC, you may follow your local health department guidance at home but may not return to campus until the 10 days have passed.)
- Stay home (except to get medical care), or in your assigned isolation space on campus (if you're a residential undergraduate student).
- Separate yourself from other people in your household, and wear a properly-fitting, high-quality mask (e.g., N95, KN95) for 10 full days any time you are around others inside your home or in public.
- Get rest and stay hydrated. Take over-the-counter medicines, such as acetaminophen, to help you feel better, if needed.
- Monitor any symptoms.
- Do not host any visitors.

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# EVERY HOYA EVERYWHERE

If you have questions, please contact Georgetown's Care Navigator team at [covidcarenavigator@georgetown.edu](mailto:covidcarenavigator@georgetown.edu).